**Guest Admission Policy**

Attendees who wish to bring children or guests to the events detailed below must obtain badges (ages 12 and up) or a Child Verification Card (infant to 11 years old). A copy of your child’s birth certificate may be requested as proof of age.

<table>
<thead>
<tr>
<th>Event</th>
<th>Up to 12 months</th>
<th>Ages 1-11</th>
<th>Ages 12-17</th>
<th>Adult Guests</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exhibit Hall</td>
<td>Only when carried</td>
<td>No</td>
<td>Only during unrestricted hours when with an adult registrant</td>
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</tr>
<tr>
<td>Educational Events</td>
<td>No</td>
<td>No</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Awards Banquet</td>
<td>Children of Award Winners only</td>
<td>Yes</td>
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</tbody>
</table>

**Convention Attire**

We strongly encourage participants to dress in a manner befitting professionals while attending educational events and exhibits. Business casual – shirts, slacks, skirts and blouses (no jeans or shorts) is the recommended attire. Workshop participants should change into lab attire for the workshops and return to business casual attire afterwards.

One of the primary purposes of the RMATA Clinical Symposium and Business Meeting is to promote professionalism, so your cooperation in helping to improve the professional image of athletic trainers is greatly appreciated.
Thursday, April 7th – 6.75 CEUs

**All Sessions will be held in Pavilions I-III unless otherwise noted**

7:00am-11:30am  Registration is open – Pavilion Court

7:55-8:00am  Welcome/Opening Remarks

8:00am-5:00pm  RMATA Board of Directors Meeting – Boardroom North
Visitors Welcome

8:00-8:45am  Musculoskeletal Ultrasound of the Elbow
(follow-up workshops today at 9:15 and 10:30am)
Joe Cygan, MS, ATC

8:45-9:45am  Evaluation and Treatment of Hand and Wrist Sports Injuries - Beyond the Basics
Jonathan Redwing, MS, PA-C, ATC

8:45-9:45am  WORKSHOP - Impact of an Educational Intervention on Athletes' Knowledge of Sports Related Concussions
Theresa Miyashita, PhD, ATC
Sage Room

9:15-10:15am  WORKSHOP - Hands on Musculoskeletal Scanning of the Elbow
Joe Cygan, MS, ATC  (this workshop is repeated once)
Pavilion V

9:45-10:00am  Break

10:00-10:45am  Special Test Evidence in the Practice of Athletic Training
(follow-up workshop today at 3:30pm)
Mike Diede, PhD, LAT, ATC

10:30-11:30am  WORKSHOP - Hands on Musculoskeletal Scanning of the Elbow
Joe Cygan, MS, ATC
Pavilion V

10:45-11:30am  Patient Perceptions Concerning the Gender of Health Care Providers
Andrellita Chavez, ATC

11:30am-12:30pm  State Meetings
Colorado – Sage Room
Utah – Pavilions VI
Arizona – Pavilion IV
New Mexico – Pavilions I-III (front of room)
Wyoming – Sierra Vista Room (19th floor)

12:30-3:30pm  Break to enjoy Albuquerque, New Mexico!
Registration is closed during this break.

3:30-7:00pm  Registration is open – Pavilion Court
Thursday, April 7th (continued)

**All Sessions will be held in Pavilions I-III unless otherwise noted**

3:30-4:15pm  Shoulder Injury Evaluation and Surgical Management  
(follow-up workshop today at 5:30pm)  
Laurence Laudician, MD

3:30-4:30pm  WORKSHOP - Review of Upper and Lower Extremity Special Tests  
Mike Diede, PhD, LAT, ATC  
Pavilion V

4:15-5:15pm  Evaluation and Treatment of the Throwers Shoulder  
(follow-up workshop on Friday at 1:30pm)  
Aaron Wells, PhD, LAT, ATC

4:30-5:30pm  WORKSHOP - The Development and Implementation of an Athletic Training Internship Program in the United States Army ROTC Leaders Training Course  
Richard Lloyd, EdD, ATC; Jose Barron, LAT, ATC; Brittany Millett, LAT, ATC  
Sage Room

5:15-5:30pm  Break

5:30-6:00pm  Why Should I Care about Performing Arts at my High School?  
Teri Riding, MS, ATC

5:30-6:15pm  WORKSHOP - Shoulder Injury Examination Skills  
Laurence Laudicina, MD  
Pavilion V

6:00-6:45pm  Serving Rodeo Athletes  
Mikaela Boham, EdD, ATC, ATL

6:45pm  Adjourn for the day

8:00-9:30pm  Educator's Meeting (Moderator: Debbie Craig)
Friday, April 8th, 7.5 CEUs

**All Sessions will be held in the Pavilions I-III unless otherwise noted.**

7:30am-5:30pm  Registration is open – Pavilion Court

8:00am-5:00pm  RMATA Board of Directors Meeting – **Boardroom North**
Visitors Welcome

8:00-8:30am  Tabata Training for Injury Recovery
(follow-up workshop today at 2:45pm)
Adam Halpern, MA, ATC, CSCS; Adrian Gonzales, CPT, Reebok-RNT, XT

8:30-10:00am  McKenzie Method for the Athletic Trainer: A Video Case Study
Denise Campbell, PT, Dip, MDT, PES

9:15-10:00am  **WORKSHOP** - The Business of Athletic Training Education: What is Your Bottom Line?
Bradley Hayes, PhD, LAT, ATC
**Sage Room**

10:00-10:30am  Break – Visit Exhibits – Certified Members ONLY
**Pavilions IV-VI**

10:00-10:45am  Student Meeting – All students and AT faculty are welcome to attend
**Sage Room**

10:00-Noon  Exhibits Open, Certified Members ONLY
(Closed for lunch from 12-1pm)
**Pavilions IV-VI**

10:30am-Noon  Current Legal, Regulatory, and Risk Management Issues in Athletic Training
Rick Ball, LLB (RMATA Chief Legal Counsel)

11:00am-Noon  **WORKSHOP** - Creative Financing for High School Athletic Training Programs - Getting and Keeping Funding for Your Program
Jonathan Redwing, MS, PA-C, ATC
**Sage Room**

Noon-1pm  Lunch Break

Noon-3pm  New Mexico Athletic Trainers' Board - Regulatory Meeting - Open to the Public
**Sierra Vista Room – 19th floor**

1:00-4:30pm  Exhibits open to all attendees
**Pavilions IV-VI**

1:00-1:45pm  Knee Instability and Clinical Evaluation
John Reid, III, MD
**Pavilions II-III**

1:15-2:15pm  **WORKSHOP** - Compliance with Legal and Regulatory Requirements
Rick Ball, LLB
**Sage Room**
Friday, April 8th (continued)

1:30-2:15pm  **WORKSHOP** - Techniques for Manual Therapy of the Thrower's Shoulder  
Aaron Wells, PhD, LAT, ATC  
Pavilion I

1:45-2:15pm  Evidence Based Limitations of the Double Leg Squat  
Adrian Gonzales, CPT, Reebok-RNT, XT; Lawrence Herrera, PES, CPT, WSAW, SPARQ  
Pavilions II-III

2:15-2:45pm  Snack Break in Exhibit Hall – Open to all Attendees  
Pavilions IV-VI

2:45-3:15pm  **WORKSHOP** - Tabata Training for Injury Recovery  
Adam Halpern, MA, ATC, CSCS; Adrian Gonzales, CPT, Reebok-RNT, XT  
Pavilion I

2:45-3:30pm  **WORKSHOP** - Role Delineation Study, Competencies, and Me. Applicability for the Clinical Athletic Trainer  
Carrie Meyer, EdD, ATC; Debbie Craig, PhD, ATC  
Sage Room

2:15-2:45pm  Free Communications - Poster Presentations - Authors Available for Question/Answer  
Pavilions IV-VI (same room as exhibits)

2:45-4:00pm  Free Communications - Oral Presentations (Moderator: Ty Hopkins)  
Pavilions II-III

3:30-4:15pm  **WORKSHOP** - Ligament and Instability Examination of the Knee  
John Reid, III, MD  
Pavilion I

4:15-5:30pm  The Role of an Aquatic Environment for recruiting Trunk Muscles and Treating Patients with Back Pain (follow-up workshop tomorrow at 8am in the pool)  
Jeanne Vandenberg, LAT, ATC  
Pavilions II-III

4:30-5:00pm  **WORKSHOP** - Practical Application of the Single Leg Squat  
Adrian Gonzales, CPT, Reebok-RNT, XT; Lawrence Herrera, PES, CPT, WSAW, SPARQ  
Sage Room

4:30-5:15pm  **WORKSHOP** - Use of a Belt for Joint Mobilization of the Hip  
Jeff Speckman, LAT, ATC  
Pavilion I

5:30pm  Adjourn for the day

6:30-10pm  Student Quiz Bowl!!! - Come to cheer on your classmates, your school, or your alma mater!  
Pavilions II-III
Saturday, April 9th – 8.0 CEUs

**All Sessions will be held in Pavilions I-III unless otherwise noted.**

7:30am-5:00pm  Registration is open – Pavilion Court

8:00-5:00pm  Vendor raffle throughout the day – MUST be present to win.

8:00-9:00am  **WORKSHOP** - Effective shallow water trunk exercises for athletes with low back pain
Jeanne Vandenberg, LAT, ATC
*Pool – Come dressed in a bathing suit and bring a towel. Be prepared to get in the water and participate!!*

8:00-9:00am  NATA Update
Bart Peterson, MA, LAT, ATC – District 7 Director

8:00-11:00am  **WORKSHOP** - Positional Release Therapy: An Introduction
Tim Speicher, PhD, LAT, ATC, CSCS
*Pavilion IV* (this workshop will be repeated at 2pm today)

9:00-9:30am  Policies and Procedures - What the Heck are Those?
Chris Matthewson, MSS, ATC, CSCS

9:30-9:45am  Break

9:45-10:15am  Practical Applications of Movement Screens
Adam Halpern, MA, ATC, CSCS; Nathanael Smith, ATC, CSCS

9:45-10:15am  **WORKSHOP** - Getting Started at a High School, What You Need to Have and Know
Lisa Walker, LAT, ATC; Bart Peterson, MA, LAT, ATC; and Tim Acklin, LAT, ATC
*Sage Room*

10:15-11:15am  What is the Latest in Iontophoresis?
David Draper, EdD, LAT, ATC, FNATA

10:30am-Noon  **WORKSHOP** - Integrating technology in Athletic Training Education: Reaching the Tech Savvy Generation
Jim Turk, MS, ATC
*Sage Room*

11:15am-Noon  Why RICE may not be Nice
Bradley Hayes, PhD, LAT, ATC

11:15am-Noon  **WORKSHOP** - Practical Applications of Movement Screens
Adam Halpern, MA, ATC, CSCS; Nathanael Smith, ATC, CSCS
*Pavilion IV* (this workshop will be repeated at 1pm)

Noon-1pm  Lunch

1:00-1:45pm  Dietary Supplements, Herbs, and Athletes
Christine Odell, PhD, ATC

1:00-1:45pm  **WORKSHOP** - Practical Applications of Movement Screens
Adam Halpern, MA, ATC, CSCS; Nathanael Smith, ATC, CSCS
*Pavilion IV*
Saturday, April 10th (continued)

**All Sessions will be held in the Convention Center B-Bay unless otherwise noted.**

1:45-2:30pm  Managing Type II Diabetes  
Robert Ryan, MA, ATC, CSCS

2:00-5:00pm  WORKSHOP - Positional Release Therapy: An Introduction  
Tim Speicher, PhD, LAT, ATC, CSCS  
Pavilion IV

2:30-3:30pm  RMATA Business Meeting  
Lisa Walker, LAT, ATC – RMATA President  
Vendor raffle – MUST be present to win.

3:00-3:45pm  WORKSHOP - Mind-Body Medicine and Today's Athlete  
Andrellita Chavez, ATC  
Sage Room

3:30-5:00pm  RMATA Townhall Meeting  
Moderators: Lisa Walker - RMATA President and Matt Webber - District 7 Director  
Panel Members:  
RMATA Hall of Fame Members  
Vendor raffle – MUST be present to win.

4:00-5:00pm  WORKSHOP - Generational Differences Between Students and Faculty/Staff  
Theresa Miyashita, PhD, ATC  
Sage Room

5:00pm  Adjourn for the day

6:30pm  RMATA Awards Dinner – Pavilion VI  ($20, $30 for guests)  
Keynote Speaker: TBA
Sunday, April 10th – 3.75 CEUs

**All Sessions will be held in Pavilions I-III.**

7:30am-10:00am  Registration is open – Pavilion Court
                MUST have CEU card stamped by 10:00am!!

8:00-9:00am     Commonly Missed Foot and Ankle Complaints
                Lloyd Barker, ATC, PAC, MBA

9:00-10:00am    Factors Contributing to Chronic Ankle Instability and Implications for Management and
                Rehabilitation
                Ty Hopkins, PhD, LAT, ATC

10:00-10:15am   Break

10:15-11:00am   Rhabdomyolysis in a Trained Cyclist
                Joseph Berning, PhD; Brian Beets, ATC

11:00-Noon      Running Injuries: Identification and Treatment
                Perry Edinger, MS, ATC

Noon           Adjourn
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Notes</th>
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<tbody>
<tr>
<td>7:55-8:00am</td>
<td><strong>WELCOME</strong></td>
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<td>8:00-8:45am</td>
<td>Musculoskeletal Ultrasound of the Elbow</td>
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<td>Impact of an Educational Intervention on Athletes' Knowledge of Sports Related Concussions (W)</td>
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<td>10:45-11:30am</td>
<td>Patient Perceptions Concerning the Gender of Health Care Providers</td>
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<tr>
<td>11:30am-12:30pm</td>
<td>New Mexico State Meeting, Colorado State Meeting, Arizona State Meeting, Utah State Meeting (Pavilion VI, not V)</td>
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<tr>
<td>12:30-3:30pm</td>
<td>Review of Upper and Lower Extremity Special Tests (W)</td>
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<td>Break to enjoy Albuquerque, NM!</td>
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<tr>
<td>3:30-4:15pm</td>
<td>Shoulder Injury Evaluation and Surgical Management</td>
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<td>4:15-5:15pm</td>
<td>Evaluation and Treatment of the Throwers Shoulder</td>
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<tr>
<td>5:15-5:30pm</td>
<td><strong>BREAK</strong></td>
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<tr>
<td>5:30-6:00pm</td>
<td>Why Should I Care about Performing Arts at my HS?</td>
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<tr>
<td>6:00-6:45pm</td>
<td>Serving Rodeo Athletes</td>
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<tr>
<td>6:45pm</td>
<td><strong>Adjourn for the day</strong></td>
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<tr>
<td>8:00-9:30pm</td>
<td>Educator's Meeting</td>
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</table>

Facilitator - Debbie Craig
<table>
<thead>
<tr>
<th>Time</th>
<th>Pavilion I-III</th>
<th>Sage</th>
<th>Pavilion I</th>
<th>Pavilion II &amp; III</th>
<th>Pavilion IV-VI</th>
<th>Sierra Vista (19th floor)</th>
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<tbody>
<tr>
<td>8:00-8:30am</td>
<td>Tabata Training for Injury Recovery</td>
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<tr>
<td>8:30-10:00am</td>
<td>McKenzie Method for the Athletic Trainer: A Video Case Study</td>
<td>The Business of Athletic Training Education: What is Your Bottom Line (W) - 9:15-10:00 am</td>
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<tr>
<td>10:00-10:30am</td>
<td>Break - Visit Exhibits - Certified Members ONLY</td>
<td>Student Meeting 10:00-10:45am</td>
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<td>Exhibits 10am-Noon Certified Members ONLY</td>
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<tr>
<td>10:30am-Noon</td>
<td>Current Legal, Regulatory, and Risk Management Issues in Athletic Training</td>
<td>Creative Financing for High School Athletic Training Programs (W) 11:00am-Noon</td>
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<tr>
<td>12:00-1:00pm</td>
<td>LUNCH</td>
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<td>1:00-1:45pm</td>
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<td></td>
<td>Knee Instability and Clinical Evaluation (W) - 1:00-1:45 pm</td>
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<td>Exhibits 1-4:30pm All Attendees</td>
</tr>
<tr>
<td>1:45-2:15pm</td>
<td>Compliance with Legal and Regulatory Requirements (W) 1:15-2:15pm</td>
<td>Evidence Based Limitations of the Double Leg Squat (W) 1:45-2:15pm</td>
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<td>New Mexico Athletic Trainers' Board - Regulatory Meeting - Open to the Public - Noon-3pm</td>
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<tr>
<td>2:15-2:45pm</td>
<td>Snack Break/Social in Exhibit Hall</td>
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<td>Free Communications/Posters - Authors Available for Question and Answer 2:15-2:45 pm</td>
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</tr>
<tr>
<td>4:00-4:15pm</td>
<td>Break - Last Chance to Visit Exhibits!</td>
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<td>Break - Last Chance to Visit Exhibits!</td>
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</tr>
<tr>
<td>4:15-5:30pm</td>
<td>Practical Application of the Single Leg Squat (W) 4:30-5:00 pm</td>
<td>Use of a Belt for Joint Mobilization of the Hip (W) 4:30-5:15pm</td>
<td>The Role of an Aquatic Environment for recruiting Trunk Muscles and Treating Patients with Back Pain - 4:15-5:30 pm</td>
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<tr>
<td>5:30pm</td>
<td>Adjourn for the Day</td>
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<tr>
<td>6:30-10:00pm</td>
<td>Student Quiz Bowl!!</td>
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### Saturday, April 9, 2011 - 8 CEUs

<table>
<thead>
<tr>
<th>Time</th>
<th>Pavilion I-III</th>
<th>Sage</th>
<th>Pavilion IV</th>
<th>Pool</th>
<th>Pavilion V-VI</th>
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</thead>
<tbody>
<tr>
<td>8:00-9:00am</td>
<td>NATA Update</td>
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<td>Effective shallow water trunk exercises for athletes with low back pain (W) (wear bathing suit and plan to get into the pool!)</td>
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<tr>
<td>9:00-9:30am</td>
<td>Policies and Procedures - What the Heck are Those?</td>
<td>Positional Release Therapy: An Introduction (W) 8-11am</td>
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<tr>
<td>9:30-9:45am</td>
<td>Break</td>
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<tr>
<td>9:45-10:15am</td>
<td>Practical Applications of Movement Screens</td>
<td>Getting Started at a High School, What You Need to Have and Know (W)</td>
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<td>HS Workshop</td>
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<tr>
<td>10:15-11:15am</td>
<td>What is the Latest in Iontophoresis?</td>
<td>Integrating technology in Athletic Training Education: Reaching the Tech Savvy Generation (W) 10:30am-Noon</td>
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<tr>
<td>11:15am-Noon</td>
<td>Why RICE may not be Nice</td>
<td>Practical Applications of Movement Screens (W) 11:15-12:00pm</td>
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<td>Noon-1:00pm</td>
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<tr>
<td>1:00-1:45pm</td>
<td>Dietary Supplements, Herbs, and Athletes</td>
<td>Student Meeting 1-2pm</td>
<td>Practical Applications of Movement Screens (W) 1:00-1:45pm</td>
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<td>1:45-2:30pm</td>
<td>Managing Type II Diabetes</td>
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<tr>
<td>2:30-3:30pm</td>
<td>RMATA Business Meeting</td>
<td>Mind-Body Medicine and Today's Athlete (W) - 3:00-3:45pm</td>
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<tr>
<td>3:30-5:00pm</td>
<td>Town Hall Meeting 3:30-5pm</td>
<td>Generational Differences Between Students and Faculty/Staff (W) - 4-5pm</td>
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<tr>
<td>5:00pm</td>
<td>Adjourn for the day</td>
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<tr>
<td>6:30-9:00pm</td>
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### Sunday, April 10, 2011 - 3.75 CEUs

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<thead>
<tr>
<th>Time</th>
<th>Commonly Missed Foot and Ankle Complaints</th>
<th>Factors Contributing to Chronic Ankle Instability and Implications for Management and Rehabilitation</th>
<th>Positional Release Therapy: An Introduction (W) 2-5pm</th>
<th>Adjourn</th>
<th>Awards Banquet 6:30-9:00pm</th>
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<tbody>
<tr>
<td>8:00-9:00am</td>
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<td>9:00-10:00am</td>
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<tr>
<td>10:00-10:15am</td>
<td>Break</td>
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<td>10:15-11:00am</td>
<td>Rhabdomyolysis in a Trained Cyclist</td>
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<tr>
<td>11:00am-Noon</td>
<td>Running Injuries: Identification and Treatment</td>
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<tr>
<td>Noon</td>
<td>Adjourn</td>
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